

The soul is not a static entity that dwells within us passively. On the contrary, it guides our lives and informs our hearts constantly; in fact, we are just vehicles for the soul. In its passion for life, the soul is like a furnace, burning with the fire that God gave her one day long ago. When love becomes a mission for the soul, it too, is a furnace for the burning of the ego, the only thing that prevents us from being completely soulful.

If love hurts you, take it to be a good sign; your ego has been knocked. Allow it to burn a little with anger, dissolve some more with tears, heal it with silence. Love is the only medium within which your ego will be smashed to fragments and where the soul will fully unfold.

Mathnawi 11, 1376-1377